

MINUTES
(THURSDAY) FEBRUARY 6, 2014 – 2:00 P.M.
EMPLOYEE WELLNESS COMMITTEE OF OCONTO COUNTY
CONFERENCE ROOM #2009 – 2ND FLOOR COURTHOUSE BLDG A
301 WASHINGTON STREET, OCONTO, WI 54153-1699

COMMITTEE PRESENT: Greg Benesh, Kathy Goldschmidt, Becky Dolata, Vanessa Peters, John Spice

COMMITTEE ABSENT: Tanya Peterson, Carol Kopp, Cindy Homa

OTHERS PRESENT: Kevin Hamann

TIME MEETING BEGAN: 2:00 p.m.

1. Approval of Minutes of Previous Meeting
Minutes of November 14, 2013 meeting were reviewed and approved.
2. Discuss Wellness Programs/Challenges
 - A. Blood Drives
 - a. January 15, 2014 results, 26 individuals, 4 deferrals, collected 22 pints.
 - b. Next blood drive is scheduled for April 3, 2014.
 - B. Video Library Update
Update by Kathy, Wellness Committee ordered 7 new videos and 1 book. Sold 5 of 6 old videos not used within a year.
 - C. Raid Your Pantry Food Drive Distribution
Thank you letter from St. John Lutheran - Townsend was read at the January 23, 2014 County Board meeting.
 - D. 23andme – DNA Testing Update
Prior meeting November 14, 2014 committee authorized reimbursement for 23andme DNA testing. 2 individuals ordered, discontinued registering due to non-sufficient evidence/media stating no proof testing is accurate.
 - E. Weights/Strength Training
Committee discussed LifeFit LLC Corporate Wellness Proposal for Oconto County. Survey will be posted on the intranet to which training options employees would like best.
3. Healthy Habits Newsletter (Enc.)
Reviewed latest issue.
4. Other Ideas
 - A. Employee Appreciation Event
24 people signed up for the Gambler Game February 22, 2014.
 - B. Slips, Trips, & Falls Training Began January 14, 2014
Becky commented the class is very good, helps not only yourself but also if you are a care giver.
 - C. Offer CPR Classes/First Aid
Wellness Committee recommends CPR Classes/First Aid be offered. Cost of an Automated External Defibrillation (AED) machine (approximate \$1,200 to \$1,500) and policy would need to be looked into. Policy would require only CPR Certified individuals be able to use machine.
5. Grant Funding Update (Enc.)
 - A. 2014 Wellness Grant Ideas – CPR Training/Machine and Weights/Strength Training (LifeFit LLC)
6. Review Health Insurance Claim Data (Enc.)
Reviewed.
7. Announcements/General Information
Committee discussed placing quotes on the intranet on positive feedback from classes, employees viewpoints on wellness videos etc. to promote awareness.
8. Schedule Next Meeting Date – Thursday, May 15, 2014 at 2:00 p.m.
9. Adjournment
Meeting adjourned at 2:38 p.m.

Kevin Hamann, Recorder